

# Young Carers CPD Event

A training and resourcing event for teachers, youth workers, health and education professionals

**Wednesday 12th June, 10.30-3.30pm | Whitby Hall, Ellesmere Port**

Join us for the morning training, afternoon performance, or both.

In partnership with LUNG and Carers Trust 4all, we are thrilled to offer a day of training, resourcing and support for anyone working with Young Carers. There are over 800,000 Young Carers in the UK — children under 18 providing care for others, often parents and family members. This CPD day will help equip you with understanding, skills and resources to best support the Young Carers in your school, youth group, organisation or practice.

**If you want to attend, please email Jess Egan-Simon at Action Transport Theatre:**

[jess@actiontransporttheatre.org](mailto:jess@actiontransporttheatre.org), or call 0151 357 2120.



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## **MORNING**

From 10.30am-12 noon you'll receive focused training lead by the Carers Trust 4all , aimed at:

- Building your understanding and knowledge of Young Carers, the underlying issues and potential challenges
- Training you to support Young Carers in your environment
- Developing a toolkit of resources to help other young people understand the needs of Young Carers

*Lunch will be provided from 12-1pm*

## **AFTERNOON**

Arrive from 1pm for a performance starting at 1.30pm followed by a post show discussion from 3pm.

Enjoy a free performance and post show discussion of **Who Cares** — the award-winning play from The Lowry and LUNG, adapted from real-life testimonies of our care system, the impact of austerity and the challenges of being a Young Carer.